

Preventative care benefits 2024



BENEFIT	QUANTITY AND FREQUENCY	BENEFIT CRITERIA	BEAT	PACE	RHYTHM
Flu vaccines	1 per beneficiary per year.	Applicable to all active members and beneficiaries.	√	√	√
Pneumonia vaccines	Children: As per schedule of Department of Health. Adults: Twice in a lifetime with booster above 65 years of age.	The Scheme will identify high-risk individuals for immunisation.	√	√	√
Travel vaccines	Quantity and frequency depending on product up to the maximum allowed amount.	Mandatory travel vaccines for typhoid, yellow fever, tetanus, meningitis, hepatitis and cholera from Scheme risk benefits.	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	√
Paediatric immunisation	According to the Bestmed vaccine schedule.		*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	√
Baby growth and development assessments	3 assessments per year for beneficiaries 0-2 years.	Assessments are done at a Bestmed partner pharmacy clinic.	√	√	√
Female contraceptives	Quantity and frequency dependent on product and subject to maximum amount.	Limited to R2 678 per female beneficiary per year.	√	√	√
Intrauterine device (IUD)	One device every 5 years.	Funding is subject to the female contraceptive benefit limit above. Consultation and procedure by a gynaecologist or FP are paid from the Scheme risk benefits.	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	√
Glaucoma screening	Beneficiaries 50 years and older. Once every 12 months.	Subject to service being received from the contracted Optometrist Network only.	X	*Available on Pace2, Pace3 and Pace4	X
Mammogram	Females 40 years and older. Once every 24 months.	Scheme tariff applies.	√	√	*Available on Rhythm2
HPV vaccinations	3 vaccinations per beneficiary. Females 9 - 26 years.	Vaccinations funded at MRP.	√	√	*Available on Rhythm2
PSA Screening	Males 50 years and older. Once every 24 months.	Can be done at a urologist or FP. Consultation paid from the available savings/consultation benefit.	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	*Available on Rhythm2
Bone densitometry	Beneficiaries 45 years and older. Once every 24 months.		X	*Available on Pace2, Pace3 and Pace4	X
Pap smear	18 years and older. Once every 24 months.	At any gynaecologist or FP. Consultation is paid at Scheme tariff from Scheme risk benefits.	√ *Consultation cost available on Beat4	√ *Consultation cost available	*Available on Rhythm2
Preventative dentistry	Refer to Comparative guide for a full breakdown of benefits per option.	Subject to pre-authorisation, clinical protocols and funding guidelines.	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	√

Note: The Rhythm range offers preventative services under the basic dentistry benefit.
Benefits mentioned above may be subject to pre-authorisation, clinical protocols, formularies, funding guidelines and the Mediscor Reference Price (MRP).

Preventative dentistry benefits 2024



DESCRIPTION OF SERVICE	AGE	FREQUENCY	BEAT	PACE	RHYTHM
General full-mouth examination by a general dentist (incl. gloves and use of sterile equipment for the visit)	12 years and above	Once a year	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	Note: <i>The Rhythm range offers preventative services under the basic dentistry benefit.</i>
	Under 12 years	Twice a year	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	
Full-mouth intra-oral radiographs	All ages	Once every 36 months	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	
Intra-oral radiographs	All ages	2 photos per year	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	
Scaling and/or polishing	All ages	Twice a year (i.e. every 6 months from the date of service)	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	
Fluoride treatment	All ages	Twice a year (i.e. every 6 months from the date of service)	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	
Fissure sealing	Up to and including 21 years	In accordance with accepted protocols	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	
Space maintainers	During primary and mixed denture stage	Once per space	*Available on Beat2, Beat3, Beat3 Plus and Beat4	√	

**Subject to pre-authorization, clinical protocols and funding guidelines.*